

King Fahd University Hospital

Facts about Down syndrome

World Down Syndrome Day

21 March



- The number of people with Down syndrome is estimated to range from 1 in 1,000 to 1 in 1,100 live births worldwide.
- Older mothers are more likely to have a child with Down syndrome than younger mothers.
- Some people with Down syndrome suffer from health problems such as: congenital heart defects; But most of these problems can be overcome at present.
- The quality of life of people with Down syndrome can be improved by meeting their health care needs, as they can study, work, and coexist with society very normally.