



جامعة الإمام عبد الرحمن بن فيصل  
IMAM ABDULRAHMAN BIN FAISAL UNIVERSITY

مستشفى الملك فهد الجامعي  
King Fahad Hospital The University

# WORLD ASTHMA DAY



وحدة التوعية الصحية  
Health awareness unit



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## SYMPTOMS OF ASTHMA ATTACKS

- Shortness of breath
- Coughing or sneezing frequently
- Difficulty breathing
- Feeling chest pain



- Sleep disturbances due to difficulty breathing
- Inability to do simple physical activities
- Difficulty speaking