REFAH HUSSAIN ALQAHTANI:

Lecturer

Personal Data

Nationality | Saudi

Department | Nursing

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Language Proficiency

Language	Read	Write	Speak
Arabic	✓	✓	✓
English	✓	✓	✓

Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	Address
2022	Msc in Advanced Nursing	Nottingham University	United Kingdom, Nottingham City.
2017	Bachelor of Science in Nursing (BSN)	Imam Abdulrahman bin Faisal University	Saudi Arabia, Dammam City

PhD, Master or Fellowship Research Title: (Academic Honors or Distinctions)

Master	Master with distinction. Research Title: The general impact of self-stigma of mental illness on adult patients with depressive disorders: a systematic review

Professional Record: (Beginning with the most recent)

Job Rank	Place and Address of Work	Date
Lecturer	College of Applied Medical Sciences in Jubail. Nursing Department. Saudi Arabia, Eastern Province, Jubail Industrial City.	2022
Demonstrator	College of Applied Medical Sciences in Jubail. Nursing Department. Saudi Arabia, Eastern Province, Jubail Industrial City.	2018

Administrative Positions Held: (Beginning with the most recent)

Administrative Position	Office	Date
Clinical Training & Internship Coordinator	Clinical Affair, Anesthesia Technology Department at CAMSJ	2023
Clinical Training & Internship Coordinator	Clinical Affair, Neuroscience Department at CAMSJ	2019
Academic Advisor	Neuroscience Department at CAMSJ	2019
Course Coordinator	Neuroscience Department at CAMSJ	2019

Scientific Achievements

Published Refereed Scientific Researches
(In Chronological Order Beginning with the Most Recent)

#	Name of Investigator(s)	Research Title	Publisher and Date of Publication
1	Refah Alqahtani and Alan Pringle	The general impact of self-stigma of mental illness on adult patients with depressive disorders: a systematic review	BMC Nursing Journal. 25 June 2024

Scientific Research Papers Presented to Refereed Specialized Scientific Conferences

#	Name of Investigator(s)	Research Title	Conference and Publication Date
1	Refah Alqahtani	The general impact of self-stigma of mental illness on adult patients with depressive disorders: a systematic review	14th International Conference on Psychology & Psychiatry (ICPP) 18-19 November 2022

Current Researches

#	Research Title	Name of Investigator(s)
1	In progress: The Association between self-stigma and QoL among Individuals with Depressive Disorders. Systematic Review.	Refah Alqahtani

Contribution to Scientific Conferences and Symposia

#	Conference Title	Place and Date of the Conference	Extent of Contribution
1	Measuring what matters, ISOQOL	Online symposium. 16-17 July 2024	Attendant
2	14th International Conference on Psychology & Psychiatry (ICPP)	United Kingdom, London 18-19 November 2022	Speaker (Oral Presentation)
3	10th EuroELSO Congress	United Kingdom, London 05-06 May 2022	Attendant
4	Pharmacy and Nursingcare Conference	Riyadh, SaudiArabia. 13 – 15 Mar. 2018	Attendant

Membership of Scientific and Professional Societies and Organizations

- Saudi Nurses Association

Teaching Activities

Undergraduate

#	Course/Rotation Title	No./Code	Extent of Contribution (no. of lectures/Tutorials. Or labs, Clinics)
1	Basic Clinical Assessment	NEURT 223	2019: 20% of theory content and 40% of practical content 2020: 36% of practical content 2023: 20% of theory content and 40% of practical content
2	Patient Assessment	RT 222	2019: 23% of theory content
3	Therapeutics in clinical neurophysiology	NEURT 409	2020: 25% of theory content
4	Electroencephalogram I	NEURT 302	2019: 100% of practical part
5	Clinical Practice 1	NEURT 306	2019, 2020 & 2021: Clinical Field
6	Clinical Practice 2	NEURT 311	2019, 2020 & 2021: Clinical Field

Brief Description of Undergraduate Courses Taught: (Course Title – Code: Description)

Basic Clinical Assessment - NEURT 223: The course includes basic aspects of clinical examination this includes history taking, physical examination, vital signs assessment, the course also includes clinical presentations of cardiovascular and chest and abdominal diseases as well as the principles of cardiovascular chest and abdominal examination. The course also covers the principles of neurological examination and assessment of neurological patients

Patient Assessment - RT 222: This course provides core knowledge of different therapeutic modalities and procedures such as oxygen therapy, humidity, medical gases, and oxygen analyzers. The course also introduces students to the principle of infection control.

Therapeutics in clinical neurophysiology - NEURT 409: This course offers a basic understanding of the autonomic nervous system disorders and testing including arterial blood pressure analysis and heart rate variability and other autonomic tests. It also introduces the students to the basics, methodology application and interpretation of quantitative EEG, the course also provides

Electroencephalogram I - NEURT 302: This course offers a basic understanding of the fundamentals of EEG. The course covers knowledge about EEG system calibration, electrode placement, adjusting amplifiers filters and sensitivity for recording. It also acquaints the students with activation procedures, normal EEG in adults, benign variants, abnormal EEG in adults and clinical applications.

Clinical Practice 1 - NEURT 306: This 12 weeks course provides clinical experience for third year level 5 Neuroscience Technology students. Emphasis in this course is recording of EEG in adult population. Students will be divided into groups. Each group will spend 6 weeks of clinical training in affiliated hospitals.
Upon course completion, the student should be able to demonstrate clinical competencies in the adult EEG Procedure.

Clinical Practice 2 - NEURT 311: This 12 weeks course provides clinical experiencefor third year level 6 Neuroscience Technology students. Emphasis in this course is somatosensory evoked potential recording as well as recording EEG from the pediatric age group. Each group will spend 6 weeks of clinical training in affiliated hospitals.
Upon course completion, the student should be able to demonstrate clinical competencies in the Pediatric EEG Procedure and Somatosensory Evoked Potentials.

Course Coordination

#	Course Title and Code	Coordination	Co-coordination	Undergrad.	Postgrad.	From	To
1	Clinical Practice 1	✓		✓		May. 2019	2021
2	Clinical Practice 2	✓		✓			
3	Clinical Practice 3	✓		✓			
4	Clinical Practice 4	✓		✓			

Student Academic Supervision and Mentoring

#	Level	Number of Students	From	To
1	Level 5	20 Students	Sep. 2019	Present
2	Level 6	20 Students		
3	Level 7	20 Students		
4	Level 8	20 Students		

Supervision of BSc/ Master and/or PhD Thesis and Graduation Project

#	Degree Type	Title	Institution	Date
1	Undergraduate students, Neuroscience Department.	The impact of combining of magnetoencephalography and electroencephalography in pre-surgical evaluation of refractory epilepsy	College of Applied Medical Sciences in Jubail in Jubail.	2023

Administrative Responsibilities, Committee and Community Service

Administrative Responsibilities

#	From	To	Position	Organization
1	Mar. 2019	2021	Neuroscience Technology Laboratory Coordinator	Neuroscience Technology Department at CAMSJ

Committee Membership

#	From	To	Position	Organization
1	24. Nov 2020	2023	Member	Clinical Training Unit
2	1. Nov 2020	Present	Member	Examinations and Assessment Quality Unit
3	31. Aug 2020	Present	Member	Health and safety Unit
4	Mar. 2019	Present	Member	First Aid Committee

Volunteer Work

#	From	To	Type of Volunteer	Organization
1	21 May. 2018	-	Health Education (Home Safety) at schools	Governmental Schools, Jubail, KSA
2	30 Mar. 2017	-	Community Service at Special needs schools	Governmental Schools, Dammam, KSA
3	2017	-	World Breastfeeding Event (Health Education)	Royal Commission Hospital, Jubail, KSA.
4	18 Apr. 2016	20 Apr. 2016	Child Wellness Campaign (Health Education)	King Fahad hospital of the university, Al- Khobar, KSA.
5	28 Mar. 2016	-	screening Campaign for diabetes and obesity among school age.	Saudi diabetes and endocrine association, AL Khobar, KSA.

Personal Key Competencies and Skills: (Computer, Information technology, technical, etc.)

1	Computer Skills
2	Organized
3	Teamwork
4	Effective verbal & written Communication