



Ebtihal Althomali

Lecturer
Department of Natural Products

Personal Data

Nationality | Saudi

Date of Birth | 01-01-1992

Department | Department of Natural Products

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Office Phone No. | NA

Language Proficiency

Language	Read	Write	Speak
Arabic	√	√	√
English	√	√	√

Academic Qualifications (Beginning with the most recent)

Date	Academic Degree	Place of Issue	Address
December 2020	Master of Science in Medicinal Natural Products and Phytochemistry (Distinction)	University Collage of London (UCL)	London, United Kingdom
June 2015	Bachelor of Clinical Pharmacy, Pharm D	King Faisal University	Al-Ahasa, Saudi Arabia



Professional Record: (Beginning with the most recent)

Job Rank	Place and Address of Work		Date
Lecturer	Natural Products department	College of Clinical Pharmacy - IAU	January 2024 - Present
Teaching assistant	Natural Products department	College of Clinical Pharmacy - IAU	January 2020 – January 2024
Teaching assistant	Natural Products department	College of Clinical Pharmacy - IAU	February 2016 - September 2018
Intern	Pharmacy	King Abdulaziz National guard hospital - Al-Ahasa	2015
Intern	Pharmacy	Maternity and Children hospital - Al-Ahasa	2015
Intern	Pharmacy	King Fahad hospital - Al-Ahasa	2014/2015
Intern	Pharmacy	Al-Jaber hospital for eyes, nose, ear, and throat - Al-Ahasa	2014
Intern	Pharmacy	Mental Health Hospital - Al-Ahasa	2014
Intern	Pharmacy	King Fahad Specialist Hospital – Dammam	2014

Scientific Achievements

Published Refereed Scientific Researches

(In Chronological Order Beginning with the Most Recent)

#	Name of Investigator(s)	Research Title	Publisher and Date of Publication
1	Mohammed Aldholmi, Fatema Aljishi, Ebtihal Althomali , Rizwan Ahmad, Mohd Amir, Mohammed Almasbah, Salma Hago	Simultaneous extraction and quantification of hydrophilic and lipophilic antioxidants in <i>Solanum lycopersicum</i> L. varieties marketed in Saudi Arabia.	<i>Open Chemistry</i> 2024
2	Mohammed Aldholmi, Ebtihal Althomali , Fatema Aljishi, Rizwan Ahmad, Aljawharah Alqathama, Deema Alaswad	Comparative Study on the Antidiabetic Activity, Cytotoxicity and Lipid Profile of <i>Trichilia emetica</i> Oils	<i>Plants</i> 2024



3	Rizwan Ahmad, Aljawharah Alqathama, Mohammad Mahtab Alam, Muhammad Riaz*, Ashraf N. Abdalla, Mohammed Aldholmi, Hamdi M. Al- Said, Fatema S. Aljishi, Ebtihal H. Althomali , Murtada M. Alabdullah, Nezar H. Altaweel, Ali F. Almubarakand Sami. S. Asghar	Biological quality and phytochemical profiling of olive fruits using gas chromatography–mass spectrometry (GCMS) analysis	<i>Chemical and Biological Technologies in Agriculture, 2023</i>
4	Rizwan Ahmad, Mohammed Aldholmi, Aljawharah Alqathama, Ebtihal Althomali , Fatema Aljishi, Ahmed Mostafa, Abdulmalik M Alqarni, Heba Shaaban	The effect of natural antioxidants, pH, and green solvents upon catechins stability during ultrasonic extraction from green tea leaves (<i>Camellia sinensis</i>)	<i>Ultrasonics Sonochemistry, 2023</i>
5	Rizwan Ahmad, Aljawharah Alqathama, Mohammed Aldholmi, Muhammad Riaz, Ashraf N Abdalla, Fatema Aljishi, Ebtihal Althomali , Mohd Amir, Omeima Abdullah, Muntathir Ali Alamer, Deema Alaswad, Wala Alsulais, Ahad Alsulays	Antidiabetic and Anticancer Potentials of <i>Mangifera indica</i> L. from Different Geographical Origins)	<i>Pharmaceuticals, 2023</i>
6	Rizwan Ahmad*, Aljawharah Alqathama, Mohammed Aldholmi, Muhammad Riaz, Mohammed H Mukhtar, Fatema Aljishi, Ebtihal Althomali , Muntathir Ali Alamer, Mohammed Alsulaiman, Abdulmalik Ayashy, Mohsen Alshowaiki	Biological Screening of <i>Glycyrrhiza glabra</i> L. from Different Origins for Antidiabetic and Anticancer Activity	<i>Pharmaceuticals, 2023</i>

Contribution to Scientific Conferences and Symposia

#	Conference Title	Place and Date of the Conference	Extent of Contribution
1	Bio.Natural-Bioactive Natural Products Research Meeting	Virtual -2021	Poster presentation



Teaching Activities

Undergraduate

#	Course/Rotation Title
1	Complementary and Integrative Medicine
2	Natural Products and Alternative Medicine.
3	Pharmacognosy.
4	English for Academic and Specific Purpose.

Administrative Responsibilities, Committee and Community Service (Beginning with the most recent)

Committee Membership

#	From	To	Position	Organization
1	September 2023	Present	Member “Laboratory Requirements and safety committee”	College of Clinical Pharmacy - IAU
2	September 2022	Present	Member “Examination facilitation committee”	College of Clinical Pharmacy - IAU

Volunteer Work

#	Date	Type of Volunteer	Organization
	May 2024	Organizer “The beauty of it can be lethal	College of Clinical Pharmacy - IAU
1	June 2022	Organizer “College of Clinical Pharmacy Research Day”	College of Clinical Pharmacy - IAU
2	September 2022	Organizer “Antidiabetic natural products campaign”	College of Clinical Pharmacy - IAU
3	November 2021	Organizer “Saudi Pharmacist Licensure Examination (SPLE) course”	College of Clinical Pharmacy - IAU

Last Update

January 2025